



Macomb MSU Extension

4-H Family Notes

Children, Youth & Family Programs

January-February 2010



County Awards Banquet

The 4-H County Awards Banquet will be held on January 28, 2010 at 6 p.m. at the Macomb Intermediate School District (MISD) on Garfield in Clinton Township. The cost this year is \$9 per person. Any youth who submitted an application may attend the event for free but must RSVP. Please send payment to MSU Extension, Attn: 4-H, 21885 Dunham, Suite 12, Clinton Township, MI 48036 by the RSVP date of **January 18, 2010**. The price will increase to \$12.00 at the door.

Karen Hakim would like to extend a special thank you to Mark Balabuch, Faye Cerku, Mary Grettenberger, Sue Kutchev, Don VanDeWater, Alayne Waterstraat, Anne Crotser, Rachel Calcaterra and Vickie Hart for all their help with judging the applications for the County Awards. Thanks again for a job well done!

The Michigan 4-H Youth Conservation Council

Congratulations to Melissa Mikolowski of Huron Pointe Coyote Club for being chosen to serve on the Michigan 4-H Youth Conservation Council. Each year the Council (M4HYC) selects 25 youth from around the state to provide important leadership for conserving Michigan's natural resources. The members selected identify and research a current environmental issue. After interviewing people, listening to presentations by professionals, surfing the internet, and reading relevant research, Council members then present their findings to a Michigan Legislative committee around Earth Day. the Council and making such a significant commitment to conserving our invaluable resources. For more information about this group check out the following website maintained by the members:

<http://web1.msue.mse.edu/cyf/youth/m4hycc.html>

4-H Mark of Excellence Award

4-H members between the ages of 11 + 12 may participate in this 4-H essay contest. 4-H members will have the opportunity to share their 4-H experiences with other 4-H youth in their county and across the state. Interested 4-H'ers will write an essay focusing on the theme **"Because of 4-H, I Can..."**. Each county may select up to two representatives to be recognized during the State Awards Celebration at MSU in June during 4-H Exploration Days. Although participation in 4-H Exploration Days is not required, it is strongly encouraged.

Essays will be due to the county office **March 1st**. For more information, go to the following website: <http://web1.msue.msu.edu/cyf/youth/staward.html> or contact Macomb 4-H office at 586-469-6431.

4-Her's Encouraged to Apply for State Awards

The Michigan State 4-H Awards Program is an opportunity for members 4-H age 13 to 19 years with three or more year of experience in 4-H, to meet new friends, gain leadership skills, increase their interviewing skills, improve their writing skills, and compete for recognition in more than 30 different project areas.

Program participants must submit completed individual or group awards application forms to their county office by **March 1st**. The applications are evaluated on the county level and submitted for regional competition. Regional winners are selected by early April. Regional winners can compete for state-level honors in one project area.

State winners are selected during the 4-H Awards Assembly, held at MSU during Exploration Days in June. Selection is based on the awards application and an interview. Winners are announced at the 4-H Awards Celebration, which is held on Thursday night of 4-H Exploration Days. For more information contact the 4-H Office or visit the State Awards website at <http://web1.msue.msu.edu/cyf/youth/staward.html>.

Special MSU 4-H Basketball Event

On Sunday, January 9, 2010 at 2:00 p.m., MSU Extension 4-H Youth and their families are invited to join thousands of 4-H'ers from across the state at MSU's Breslin Center to cheer on the MSU Women's Basketball Team as they take on Ohio State. This event celebrates 4-H volunteers and youth, and this year, we'll focus on Michigan 4-H Nutrition, Health and Well-Being programs. There will be activities and displays to help Michigan residents make smart food



choices, learn about nutrition and apply what they learn to manage their food budget, prevent and manage disease, and improve their overall physical, mental and social well-being. For more information, visit the website <http://web1.msue.msu.edu/4h/member/cool.html>

Ticket price: FREE for CYFC/4-H youth, their families, 4-H volunteers and MSU Extension staff and their families! Parking is \$5.00.

Time: Game starts at 2 p.m. The gates open at 12:30 p.m. for the general public. However, Gate D will be open at 12 p.m. for our group. This is the only gate open this early and it is also the gate you need to enter if you are picking up tickets from the 4-H Registration Table. Show your MSUE/4-H pride by wearing your green or white 4-H or MSUE apparel.

Let your 4-H leader know you (and how many of your family members) want to attend, or contact Roberta at the 4-H Office at 586-469-6431 or email Macomb4h@macombcountymi.gov.

Club & Committee News

Livestock Sale Participation Forms

By **January 8, 2010** all youth who plan on selling their livestock project at the 2010 Armada Fair must return a completed Livestock Sale Participation form to MSUE 4-H Livestock Sale Committee Secretary, Jill Senyk at 13678 Mesmer, Allenton MI, 48002 or fax to 586-469-6948. If you have any questions please call 810-395-7318. These forms are needed for livestock tagging, planning the sale, and purchasing poultry. The form is now available online at the Macomb County MSUE website at http://www.macombcountymi.gov/msuextension/4h_Forms.htm.

All Club Leaders were also mailed these forms in November.

Steer Tagging

Steer tagging will take place at the Armada Fairgrounds on February 7, 2010, from noon to 2:00 p.m. All steers must be tagged at this time in order to be exhibited in the 2010 Armada Fair. **All male market livestock must be castrated prior to tagging - No exceptions**

The MSU Horsemen's Association

Attend a day of informational sessions and clinics at the MSU Pavilion, on Saturday, January 16, 2010. Sessions include clinics on Western Horsemanship and Dressage (conducted by MSUET Coach Leesa Massman and team members) This is a great way to introduce 4-H and MIHA members to the possibilities of continuing their interest in horses in college. Seminars will be held by an admissions officer, the MSU Horsemen's Association, Dressage Club, Polo Club and MSU Equestrian Team. To register and complete information please visit <https://www.msu.edu/~msuha/>

State 4-H Rabbit and Cavy Show

This year's show will be held on January 30, 2010 at the MSU Pavilion and is open to all 4-H members ages 9-19. A non-competitive cloversprout division for 5-8 years of age is also available. On site registration begins at 6:30 am at it will be \$2.75 per class. Other events that will take place at the show include Breed ID, Educational Posters and Displays, Ask the Vet student booth, and Supply Vendors. For more information visit the website at: <http://web1.msue.msu.edu/cyf/youth/aniscipr.html#rabbits>



4-H AMBASSADORS INVITES CLUBS TO JOIN IN SERVICE PROJECT FOR CHILDREN IN HOSPITALS

All 4-H youth are invited to attend the next Ambassador Club meeting on Thursday, January 13, 2010 from 6:00 p.m. until 8:30 p.m. MSU Extension. At the meeting you will learn how to make pillow cases that will then be donated to a local hospital for sick children. If you are interested in helping out, please contact Susan Wilkinson at slwilk2003@yahoo.com or call (586) 786-2177 by **Monday, January 11th**, so we can purchase right amount of material.

4-H Council and Subcommittee Meeting

Date/Time: Thursday, January 14, 2010 from 6:15 pm-9:00 pm at MSU Extension.

All clubs are encouraged to become part of the Council and one of the following subcommittees: Fair, Recognition, Finance, or Education/Outreach. Dinner will be served. **RSVP by January 12th** by calling 586-469-6431.

Mentor News

January is National Mentoring Month

National Mentoring Month (NMM) highlights mentoring and the positive impact it can have on young lives. Spearheaded by the Harvard Mentoring Project, MENTOR and the Corporation for National and Community Service, the first-ever NMM was held in January 2002. This month-long outreach campaign focuses national attention on the need for mentors, as well as how individuals, businesses, government agencies, schools, faith communities and nonprofits, can work together to increase the number of mentors and assure brighter futures for our young people.

For more information on being a mentor go to www.mentoring.org

Welcome Cindy, 4-H Leadership Group Volunteer

Cindy Boeneman is the new volunteer leader for the 4-H Leadership Group, a peer mentoring program at Kennedy Elementary in Warren. Lincoln High School students volunteer to serve as peer mentors to 3rd and 4th graders at Kennedy Elementary. They meet on Wednesdays after school and spend time with the students doing homework, crafts, team building games, and building self-esteem. Many thanks to Cindy for taking the leadership role in this great program that otherwise would not be able to continue. Welcome to 4-H!

Upcoming Events

4-H Horse Show Judges' & Horse Show Managers' Conference: Adults Only

The 4-H Horse Show Judges' and Horse Show Managers' Conference will be held January 9-10, 2010 at Kettunen Center. This conference provides education opportunities for current Michigan 4-H Regular and Conditional judges, Extension staff, 4-H Judges Advisory Committee members, State 4-H Horse Show committee members and horse superintendents/representatives from all Michigan counties. Participants will learn how to improve cooperation between superintendents and judges, increase the quality of horse show management techniques, and encourage the learning of creative and innovative methods for making horse shows more educational for youth. The conference provides judges with updates in riding styles, class scoring, breed differences in events, and techniques for becoming better communicators. Cost for this event can be found on the MSU website. Registration/money is due to the 4-H County office by **Dec. 30, 2010**.

4-H Teen Citizenship, Leadership & Service Conference:

The 4-H Teen Citizenship, Leadership & Service Conference will be held January 23-24, 2010 at Kettunen Center. Teens will learn citizenship and leadership skills and ways to use those skills to make a difference in their communities through service. There will be sessions for both 4-H and non-4-H young people. This workshop is open to adults and teens ages 14 and up. Cost is \$52 per person. Register through the county 4-H office by 5 pm. on **January 8, 2010**. Call 586-469-6431 for more information.

4-H Beef, Sheep & Swine Teen & Adult Volunteer Workshop:

The 4-H Beef, Sheep & Swine workshop will be held February 27-28, 2010 at Kettunen Center. If you are interested in beef, sheep, and swine projects, this workshop is for you. You will learn about animal health, management, care, and nutrition. In addition, you can sharpen your livestock judging and evaluation skills. By sharing ideas and interacting with others. This workshop will also offer ways to enhance your communication and teaching skills, and learn about the many opportunities available for those interested in beef, sheep or swine projects. For More information call the county 4-H office at 586-469-6431.

Take Me Fishing Family Fun Day

Saturday, January 30, 2010, Kettunen Center, 10:00 am to 4:00 pm. Learn all about the lake environment through the ice! We'll be fishing with local experts, identifying local fishers, performing water tests, and examining the quality of plant and animal life of Center Lake in the winter. Other sessions will include fly tying with a professional river fishing guide, a presentation on salmon fishing, casting instruction, snow science and creating fish prints on a t-shirt you bring or a tote bag you can purchase here for \$3.00. All instruction, equipment, bait and a hot buffet lunch are included in the \$6.50 cost per person. Preregistration is required by **January 26, 2010**. Call the Kettunen Center at 231-829-3421 or email kross@kettunencenter.org

4-H Capitol Experience: You Going?

This year we have all become painfully aware of how the actions of state government can affect 4-H and other aspects of our lives. This situation makes 4-H's four-day Capitol Experience conference more meaningful than ever. The 2010 program will take place from Sunday, March 21 (3 p.m.) to Wednesday, March 24 (12:30 p.m.). The approximately 100 participants interact with legislators, state agency staff, lobbyists, and political parties. Participants will increase their understanding and knowledge of state government, discover ways to influence public policy decisions, explore careers in public policy, network with other young people and public policy professionals, develop a positive attitude toward their ability to affect public policy, and increase their leadership and citizenship skills.

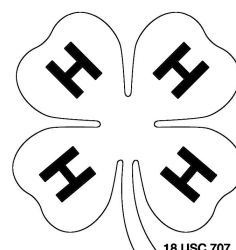
Applicants select one of several current issues as a focus, and during the 4 days, each group explores their issue with community agencies, state agency staff, lobbyists, legislators and legislative aides. Participants tour the State Capitol and the Supreme Court, a State Agency or Department and attend legislative committee meetings and sessions. In the evenings, participants are involved in a mock legislature.

4-H Capitol Experience is open to high school teens and adult chaperons who are interested in citizenship programs or state and local government. You do not have to be involved with 4-H in order to take part in this educational experience.

Since participation requires missing three days of school, a letter is available that you can give to school officials explaining expected learning experiences, using Michigan Educational Benchmarks.

Adult and 4-H member registration rate is \$275. Non-4-H members pay \$285. All meals, lodging and materials are included. The Macomb County 4-H Council offers scholarships that cover up to 50 percent of the registration fee.

Application packets are available at the County Extension office. They must be completed and returned by **February 5, 2010**. For copies of the application or more information, contact Anne at 586-469-6431 or visit the web at <http://web1.msue.msu.edu/cyf/youth/capexp.html>.



More 4-H News

PEOPLE, PETS, AND VETS



Kara Lotan at People, Pets, and Vets

4-H Vet Science Workshop

The 4-H Vet Science Workshop will be held on February 26-27, 2010 at Ket-tunen Center. Explore animal systems and learn about animal health for a broad array of animal species by sharing information and experience, asking questions and quizzing veterinarians about their skills. You can also participate in hands-on demonstrations that teach you how to recognize healthy, sick or injured animals. Open to adults and teen volunteers age 13 and older. For more information contact the County 4-H office at 586-469-6431.



Cloversprouts win awards at the Macomb County 4-H Horse Banquet. Photo Left to Right- Rebecca Kitchen, Evah Newman, and Sydney Pallas

Several clubs participated in the "biggest ever" People, Pets, and Vets, on November 7th at MCC. Tari Kern, DVM, organizer of the event, and member of the 4-H Council, estimates that 600-700 people, helped by good weather and timely publicity on local television, attended the event. Northern Macomb brought dogs, goats and conducted agility demonstrations with both species, and provided information on grooming and other aspects of the animals' care. Just-for-Fun came with two miniature donkeys, providing participants with a wonderful "petting zoo" opportunity. Inside, they had an informative display on horseshoeing. Fantastic Felines handed out promotional materials for the county 4-H program, provided information on fleas, cats' whiskers and cats' eyesight (they aren't totally colorblind—they see blue and yellow, but not red and green) and sold dried catnip and catnip toys. Clever Clovers brought rabbits and provided information on their care and feeding. They also had a quiz participants could take to see how much they knew about rabbits, and they explained the other projects and community service activities of their club. This annual event is a great way to promote individual clubs and 4-H in general.

Macomb County 4-H Horse Banquet

The Macomb County 4-H Horse Committee Members organized a wonderful year-end banquet at Zuccarro's on November 15, 2009 to honor and recognize all the hard work of the youth and volunteers involved in the horse program. Ashley Cerku served as Mistress of Ceremonies and made sure the event flowed smoothly. During dinner, the audience enjoyed the slide-show presentation full of pictures from each horse club compiled by Mike DeFour and creatively introduced by Elizabeth Brockert and Elizabeth Kutchev. A huge thank you goes out to the adult and youth leadership of the horse program for coordinating this event and the many shows/events throughout the year: The 2008-2009 officers were:

Mike DeFour and Ashley Cerku, Presidents
Bob Decker and Justin Decker, Vice Presidents
Anita Cipa and Kelly Goolsby, Secretary
Susan Kutchev, Treasurer
Julie Wallace, Recording Secretary
Elizabeth Brockert, Sergeant at Arms

The 2010 4-H Horse Program officer elections are being held on January 25th. If you are interested in being an officer for the 4-H Horse Program, the meeting starts at 7:00 pm and is held at Camp Rotary.

During the Horse Banquet, the winners of the "Gymkhana", "Bill Collins Outstanding Horsemanship Award" and the "Jane Sylvester Sportsmanship Award" are announced. Congratulations to Jennifer Haneghan from Ray's Riding Rascals for winning both the Gymkhana and the Bill Collins award. Her outstanding achievements over the last six years includes holding a variety of club officer positions and extensive community service. The Jane Sylvester award nominees this year included Mike Defour, Faye Cerku, and Jayne Meinard. These candidates all demonstrate what it means to be a true sportsman and promote a positive experience for themselves and their peers. Congratulations to all the nominees and Mike DeFour for winning the award. All clubs have an opportunity to nominate individuals for these awards. The applications and criteria are on the 4-H website on the Horse page and are due to the county office by the first Monday in November.

Notes from the 4-H Office

Survey Results Show Wide Range of Interests: Clubs Sought to Offer Training in More Popular Topics.

Thank you to the 14 Clubs that returned the late summer survey from the 4-H Council's Education and Outreach Subcommittee on possible training topics. As an incentive to complete the survey by the end of September, the 4-H office offered to purchase curriculum for responding clubs from the 4-H Sourcebook. The order was eclectic and shows the diversity of interests among our members. Clubs were asked to rate their interest (from high to none) in having training in 40 different topics that have 4-H Curriculum. In analyzing the results, topics were given 2 points for each club indicating "high interest" and 1 point for "moderate interest". The results are as follows:

14 points: Photography

6 points: Small Engines, Fishing, Vegetable gardening, Entrepreneurship, and Conflict Resolution

12 points: Vet Science

5 points: Pets, Aerospace, Electricity, Robotics, Environmental Science, Outdoor Adventure, Citizenship, Service Learning, Peer Pressure and Nutrition

10 points: Woodworking, Art for K-8th grade, and Teamwork

9 points: Dogs, Visual Arts for 7th -12th grade

4 points: Cats, Embryology, Basic Science, Health and Fitness, Theater Arts, Financial Literacy, and Workplace Skills

8 points: Sewing and Goal Setting

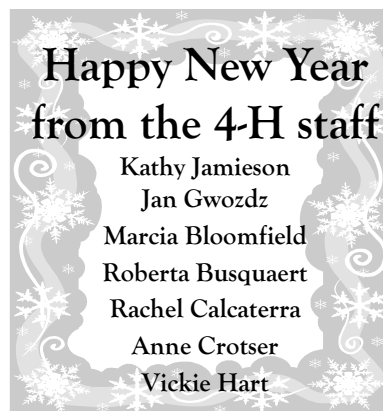
7 points: Foods and Leadership

Because financial (i.e., staffing) reductions will make it difficult for the 4-H staff to organize and present training in 2010, **we are looking for clubs to step up and sponsor trainings on the more popular topics. If a training is open to the whole county, the 4-H office can provide funding.** For more information, contact Kathy or Anne at 586-469-6431.



Join us at the Capuchin Soup Kitchen-Community Service Opportunity

Please join Macomb County 4-H youth, families, and mentors as we volunteer our time at the Capuchin Soup Kitchen located at 6333 Medbury St., Detroit, 48211 on Saturday, February 27, 2010 from 9am-12pm. We will be boxing food and sorting clothes for those in need. Please RSVP to Rachel by Thursday, February 25 at 586-783-8163 or rcalca@macombcountymi.gov. Hope to see you there!



Let's Get Growing: How to Garden with Kids

This training, taught by Master Gardeners, will be offered to adults and youth 16 years or older who want to garden with 5-14 year olds. Topics covered include plants, plant parts and their uses, insects and diseases, soil and water, and tips for organizing and administering youth gardening programs. Participants will be provided with a selection of gardening curricula, lots of hands on, age-specific lessons, arts and craft ideas, a chance to network with established Junior Master Gardener and school garden programs, and much more. LGG will take place at MSUE on four Tuesday evenings between February 23 and March 23 (the extra week is set aside for snow emergency) from 6:30 pm.-9:30 pm. A fee will be charged (approximately \$50) to cover the cost of handouts and curriculum. For more information contact Anne at 586-469-6431.

Macomb County 4-H Staff

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Macomb County 4-H Calendar - January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 2010 Armada Fair Livestock Sale Part- icipation Form Due	9
10	11	12	13 Ambassador Club Meeting 6 p.m., MSUE	14 4-H Council & Sub- committee Meeting, 6:15 p.m., MSUE	15	16
17	18 Club Officer Training, 6-8:30 p.m., MSUE	19	20 New Volunteer Orien- tation, 6-9 p.m., MSUE	21	22	23
24	25 4-H Livestock Pro- gram Committee Meeting, 6 p.m., Armada High School Livestock Sale Com- mittee Meeting, 7 p.m., Armada High School Mini-Draft Subcom- mittee Meeting, 6 p.m., Camp Rotary 4-H Horse Program Committee Meeting, 7 p.m., Camp Rotary	26	27	28 Macomb County Awards & Recogni- tion Banquet, 6 p.m., MISD	29	30
31						

Macomb County 4-H Calendar - February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Capitol Exp. Ap- plications due at County MSUE Office
7 Armada Fair Steer Tagging, 12-2 p.m., Armada Fair- grounds	8	9 New Volunteer Orientation, 6-9 p.m., MSUE	10	11	12	13
14	15	16	17	18	19 SE Region Leader- ship Academy reg- istrations due	20
21	22 Mini/Draft Sub- committee Meeting, 6 p.m., Camp Ro- tary 4-H Horse Program Committee Meet- ing, 7 p.m., Camp Rotary	23 Let's Get Growing: Gardening with Kids Part 1, 6:15- 9:15 p.m., MSUE	24	25	26	27
28						